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externalize the "other," to blame them for our unresolved post-traumatic distress, and to dissociate from any pain we cause them." (Levine, Peter A. Study Guide: Healing Trauma; Restoring the wisdom of the body. Boulder, CO: Sounds True, 1999, p. 23 of enclosed pamphlet; 1st edition of book.)

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Brad Robison is a psychiatrist and family therapist who for several years has been using The Shack as a resource in helping his patients on their healing journey through loss, trauma, and pain. He wrote The Shack Study Guide to assist people on that journey and it is being used in reading and study groups, family counseling, trauma and addiction recovery groups, and by professional counselors and pastors. He resides in Cape Girardeau, MO.

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