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and yet generally most women don't know much about it. If you are suffering from pop, or know of anyone who is, I highly recommend you buy this book.

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Surgery for Pelvic Organ Prolapse and
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Even post-hysterectomy women have
found benefit, although the results are
less predictable after hysterectomy. In

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In this video, Christine Kent, author of Saving the Whole Woman and the First Aid for Prolapse video course, shares her experience in working with older, less able women, who need a slower, gentler program of prolapse stabilization.

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~~First Aid for Prolapse for Elders—
Whole Woman Inc.~~

Since 2003 Whole Woman® has been helping women overcome the fear and anxiety that often accompany common symptoms, while also giving them tools and resources to help stabilize and reverse their conditions.

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At Whole Woman, we understand that the body is a self-organizing, self-healing organism when aligned with the laws of nature.

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Prolapse

Saving The Whole Woman is essential reading for anyone experiencing prolapse, or treating women with prolapse. The Whole Woman approach is the only approach which offers safe, natural & effective paths to recovery. The book outlines the main

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Prolapse anatomical and life-style causes of prolapse, what women can do to reduce & manage the symptoms of prolapse & improve overall health. This book was a life-saver for me when I was diagnosed with prolapse.

~~Saving the Whole Woman:~~

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~~Amazon.co.uk: Kent, Christine Ann ...~~

More than 50 of the women in the developed world will experience pelvic organ prolapse at some time in their lives. Traditional medical treatment is radical pelvic surgery frequently set women up for repeated surgery. In *Saving the Whole Woman*, Christine

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Prolapse Kent brings hope to millions of women with a proven, non-surgical approach to successfully managing prolapse for a lifetime.

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Edition: Natural Alternatives to Surgery for Pelvic Organ Prolapse and Urinary Incontinence by Christine Ann Kent (2008) Paperback by (ISBN:) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders.

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~~Saving the Whole Woman 2nd Edition:
Natural Alternatives ...~~

Fortunately, there is a beacon of light in the midst of this darkness. A registered nurse named Christine Kent has devoted her life to helping women prevent, manage, and heal prolapse naturally. In her pioneering book,

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Saving the Whole Woman, and in her DVD, “First Aid for Prolapse,” Christine provides women with the truth about prolapse. She discusses its causes, its history as a medical condition, and its terrible legacy.

~~Prolapse and Posture: A Conversation~~

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Traditional medical treatment is radical pelvic surgery frequently set women up for repeated surgery. In Saving the Whole Woman, Christine Kent brings hope to millions of women with a proven, non-surgical approach to successfully managing prolapse for a

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